

Pastor Randy's short devotion for Thursday, March 16th:

"I was pushed so hard that I almost fell, but the Lord helped me. The Lord is my strength and my might; he has become my salvation." (Psalm 118:13-14)

When I think of this verse, an image comes into my mind. We live in a windy area and we have all felt the strength of the wind blowing against us so hard, that we had to lean into the wind, not only to stand, but to keep from falling as we struggle to move ahead. These physical forces attacking us are not so different than spiritual or mental forces that we face day after day. Some days the list of things to do is long and we just roll up our sleeves and began to tackle it one by one until it is done and we feel good when we accomplished it. Other days, the long lists begins to wear us down and we become weary. Added to the stress of tasks that need to be done, can be the weight of someone needing our care and we aren't able to give as much of ourselves as we desire, or the weight of grief missing someone takes all our energy, or a loss of health from a cold or flu or something more serious. We are pushed so hard that we almost fall. But just as we are ready to go down, we feel the strength of the arms of the Lord supporting us. The Lord is present as a barrier against the wind, giving us shelter. The Lord is present with his love which is stronger than the forces buffeting against. The Lord is our help and salvation.